

SPOTLIGHT MARCH ANSWERS

QUESTIONS	ANSWERS
1. A local study found that the peak age of OSAS is between 4 and 8 years.	True
2. Allergic rhinitis is not a risk factor for childhood OSAS.	False
3. Nocturnal enuresis in children with OSAS can be reversed by adenotonsillectomy.	True
4. Excessive daytime sleepiness is more frequently seen in childhood OSAS than in adult OSAS.	False
5. Adenotonsillectomy is effective in improving FTT in children with OSAS.	True
6. PSG is mandatory before surgical treatment of OSAS in otherwise healthy children.	False
7. In a PSG study, an apnoea index of >1 episode per hour is diagnostic for OSAS in children.	True
8. Topical intranasal steroids may reduce adenoid size and improve symptoms of OSAS.	True
9. Mid-face hypoplasia is not related to long-term use of a nasal mask for CPAP.	False
10. Adenotonsillectomy may improve the condition of left ventricular hypertrophy in children with severe OSAS.	True